



COACHING & MENTORING COURSES



LEVEL 7 EXECUTIVE AND SENIOR LEVEL COACHES AND MENTORS (12 MONTHS FACE TO FACE OR ONLINE)

Dates - TBC

£2495 plus VAT per person

Also included - Action Learning Sets



Course Overview

This post-graduate degree is intended for HR/OD specialists and senior managers. In order to become a professional executive coach or to run a coaching practice, this is the most sought-after program. This full-year curriculum will enhance your capacity to serve as an elite coach and mentor. You will be able to work with any client to help them advance their career and build their leadership abilities thanks to the substantial practical and theory-based work.

- A highly participatory course consisting of six in-person days of comprehensive, extremely useful workshops and peer assistance.
- For the Certificate, 20 hours of coaching practice are required, and for the Diploma, 60 hours of coaching practice plus three assignments.
- Support from a personal tutor or mentor coach includes observation of four of your coaching sessions, comments on draft assignments, and recommendations and direction.
- Individualised guidance and hands-on assistance from our knowledgeable teachers, who have taught staff members from some of the biggest companies in the world.
- Everything: program folder, manuals, workbooks, and access to an extensive library of coaching materials.
- An internationally renowned and acknowledged ILM Level 7 Certificate and 14 credits toward the international credentials system are awarded upon successful completion.



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Five "taught" days in a seminar setting comprise the first three days of the course, with the remaining two days occurring one month later. These days will combine theory and practice with the goal of providing you with a solid foundation in knowledge to help you prepare for your evaluated work and 20 hours of coaching or mentoring with a minimum of two and a maximum of three people.

A sixth "tutorial" day is planned online to supplement this work and the forthcoming assignments once your coaching program is in place. A theoretical assignment, a portfolio, and lastly a "reflective journal" detailing your coaching practice are the three types of work that are evaluated.

- **Assignment: Understanding the Principles and Practice of Effective Coaching and Mentoring at an Executive or Senior Level.** Knowledge-based assignment: investigate and critically evaluate the function of a coach, distinguish between coaching and mentoring, apply coaching and mentoring at a strategic level in organizations, etc. This takes the shape of a strategy report that contains information needed for both an evaluation report to SMT and components of a professional practice guide. This unit's recommended word count, excluding appendices, is between 5,000 and 7,000 words (with a maximum of 7,700 words).
- **Portfolio: Undertaking Coaching or Mentoring at a Senior or Executive Level (20 hours Certificate, 60 hours Diploma).** This comprises coaching logs and other materials in the form of a portfolio that needs to meet the evaluation requirements.





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- Reflective Journal: Reflecting on your Ability to Perform as a Coach or Mentor at a Senior or Executive Level. This takes the form of a journal that draws on evidence from your portfolio to give a thoughtful account of your journey as a coach. It also offers insights into how you have grown throughout the program and how well you can serve as an executive and senior level coach.

