



COACHING & MENTORING COURSES



**ILM LEVEL 5 CERTIFICATE - COACHING & MENTORING
(9 TO 12 MONTHS FACE TO FACE OR ONLINE)**

Dates - TBC

£1995 plus VAT per person

Also included - DISC Practitioner Certification and Action Learning Sets

Course Overview

This undergraduate degree is intended for organizational coaches and mid-level managers. You ought to possess expertise, education, or credentials in management, leadership, or fields closely linked to human resources.

You will gain the capacity to serve as a management coach and mentor by completing this year-long program. Upon completion, you will be able to apply your skills, helping your colleagues or clients with professional growth and strengthen their abilities thanks to the fascinating practical and theory-based training.

- A five-day intensive training with peer support that is extremely participatory.
- 3 x half day Action Learning Sets online throughout the year.
- Support from a personal tutor or mentor coach for a year, including three hours of coaching supervision and guidance on draft assignments.
- Individualised guidance and hands-on assistance from our knowledgeable teachers, who experience working in some of the biggest companies in the world.
- Everything included: workbooks, manuals, program folder, and access to a variety of coaching tools.





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ILM LEVEL 5 CERTIFICATE - COACHING & MENTORING (12 MONTHS FACE TO FACE)

The first four days of the course are spent in person, in a seminar setting. The goal of these theory and practice based days is to provide you with a solid foundation of understanding and equip you with all the necessary knowledge and skills. You will subsequently complete an assignment, portfolio, reflective diary, and eighteen hours of coaching or mentoring with a minimum of two and a maximum of three people.

- Assignment: Understanding Effective Coaching or Mentoring within an Organisational Context (4000 to 5500 words).
- Portfolio: Undertaking Effective Coaching or Mentoring within an Organisational Context (18 hours Certificate).
- Reflective Journal: Reviewing own ability as a Coach or Mentor within an Organisational Context.

Day 5 - DISC Practitioner (The date for this will be coordinated with the candidates once the course begins).

DISC is a personal assessment tool used to help improve teamwork, communication and productivity in the workplace. Our certified DISC practitioners help you to better understand yourself and those you interact with both in and out of the workplace. DISC profiling is an excellent tool to help reduce conflict and improve working relationships.

